



## Adverse Consequences of Virtual Education and Virtual Learning

**\*Dariush D. FARHUD**<sup>1,2,3</sup>

**Editor-in-Chief**

1. School of Public Health, Tehran University of Medical Sciences, Tebran, Iran
2. Departments of Basic Sciences/Ethics, Iranian Academy of Medical Sciences, Tebran, Iran
3. Farbud Genetic Clinic, Tebran, Iran

**\*Correspondence:** Email: [ijph@tums.ac.ir](mailto:ijph@tums.ac.ir)

Given the current situation in the world, affected by COVID-19 pandemic, the only solution for educational program in all countries, especially high-risk areas, is virtual education.

Despite the many advantages of implementing the "virtual education", this project also has weaknesses and disadvantages that should be considered by governments and administrators to prevent and reduce them. It is necessary to consider the following points:

- 1- **Injustice in global education.** The difference between developed and underdeveloped countries or the Third World is becoming more apparent, because it is very difficult to provide the necessary tools and facilities in underdeveloped countries.
- 2- **More addiction to mobile and the Internet,** which itself is a serious harm to children and adolescents.
- 3- **Sedentary lifestyle, overeating, and obesity,** along with rising average food basket costs.
- 4- **Moving away from the traditional classroom and educational environments and reducing coexistence, adaptability and resilience skills.**

- 5- **Lack of face-to-face communication skills, participation in scientific discussions, question, and answer sessions.**
- 6- **Disruption of Circadian rhythm and biological clock (including nutrition, sleep, etc.).**
- 7- **Behavioral impairments in the context of cognitive sciences.**
- 8- **Loss of opportunity to benefit from the moral and social behaviors, and teachers' body language**
- 9- **Growing concerns in cyber threats to critical infrastructure, including risk of financial loss, Scam, and immoral behavior in adolescents.**
- 10- **The Growth of the Cybercrime or cyberspace mafia.**
- 11- **Increase in students cheating on online exams.**
- 12- **Replacement of Memorizing versus Perception.**
- 13- **The Beginning of depression, introversion, social alienation and disruption of a healthy lifestyle.**
- 14- **Differences in information levels, behaviors, and norms between Corona and post-Corona graduates**