# LETTER TO THE EDITOR

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# Comment on "Effect of Loaded Glycyrrhizic Acid on PLGA Nano-particle on Treatment of Allergic Asthma"

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#### **Dear Editor:**

We have recently read with great interest the published article in the Iranian Journal of Allergy, Asthma and Immunology by Chen et al. titled: Effect of Loaded Glycyrrhizic Acid on Polylactic-co-glycolic acid (PLGA) Nano-particle on Treatment of Allergic Asthma.<sup>1</sup> Thanks to the authors for sharing their valuable experience in the treatment of allergic asthma with us. Encapsulation of glycyrrhizic acid into PLGA nanoparticles is a great idea to improve its solubility, biodistribution, absorption, and effectiveness. We think that is an efficient drug delivery system, but we'd want to share our few comments on this manuscript:

1. The polydispersity index (PDI) of the fabricated nanoparticles should be measured by the dynamic light scattering (DLS) method. PDI is a basic physicochemical characteristic of nanoparticles that shows their size distribution and homogeneity. A greater PDI value indicates a broader size distribution. On the other hand, the particles with different PDI could have different pharmacokinetic properties in vivo.<sup>2</sup>

2. It is necessary to determine the entrapment efficiency (%EE) of glycyrrhizic acid using ultracentrifugation followed by ultraviolet spectrophotometry. %EE is the difference between the

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Nano Drug Delivery Research Center, Health Technology Institute, Kermanshah University of Medical Sciences, Kermanshah, Iran. Tel: (+98 83) 3427 6489, Fax: (+98 83) 3427 6488, E-mail: faranak\_aghaz@yahoo.com drug added amount and the unentrapped (free) drug amount divided by the total drug added, giving an idea of what percent of the drug is entrapped in nanoparticles.<sup>3</sup>

3. The Fourier transform infrared (FT-IR) of the prepared nanoparticle should be characterized by spectroscopy. FT-IR enables the analysis of the chemical composition and the surface adsorption of nanoparticle functional groups. It also confirms the presence of the nanoparticle loads of glycyrrhizic acid.<sup>4</sup> Therefore, it has been demonstrated that FT-IR spectroscopy is the criterion necessary for confirming the blank-nanocarrier synthesis and drug loading in nanocarriers.<sup>5</sup> On the other hand, the synthesis nanoparticles were confirmed by FT-IR spectroscopy, which is not presented in this published paper.

4. It is necessary to evaluate the in vitro cytotoxic activity of the glycyrrhizic acid/PLGA nanoparticles before the nanodrug injection into animals and any in vitro studies as well. Cytotoxicity assay is done using different methods like a colorimetric assay known as 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) i. This test determines whether the drug/nanoparticle will cause cell death or damage.<sup>6</sup>

5. The intracellular uptake of glycyrrhizic acid/PLGA nanoparticles should be verified in vitro by flow cytometry. This test determines whether the nanoparticle is capable of cellular internalization and effective for intracellular drug delivery.<sup>7</sup>

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### STATEMENT OF ETHICS

This study was letter to the editor.

#### FUNDING

The authors declare no funding for present study.

## **CONFLICT OF INTEREST**

The authors declare no conflict of interest related to this study.

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