

## Scopolamine Induced Non-cognitive Effects in the Radial-arm maze: Alleviation by Physostigmine

**Running Title:** Non-cognitive Effects of Scopolamine

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### Abstract

**Purpose:** Scopolamine has frequently been reported to induce a “memory deficit” in animals and humans. However, the possible role of the non-cognitive effects of the drug in these impairments is often ignored. In the present study, the effects of scopolamine on various behaviors in the radial arm maze were recorded and the ability of physostigmine to reverse them was examined.

**Methods:** Male Long-Evans hooded rats were trained on an 8-arm radial maze to consume drops of 0.1 ml of sweetened milk from the end of each arm. Once the asymptomatic performance was achieved, the effects of scopolamine (0.25 mg/kg i.p. 20 min before testing) on (1) the number of errors (re-entries into the arms), (2) the number of rewards drops not consumed, and (3) agitation were examined.

**Results:** The number of errors, the number of drops left, and agitation scores were increased significantly compared to saline-treated rats. Concomitant administration of scopolamine and physostigmine (0.25 i.p. 15 min before testing) significantly reduced the agitation scores and revealed a trend toward a decrease in the number of drops left compared to scop-treated rats. However, in this experiment, scopolamine did not significantly increase the number of errors compared to the saline-treated rats.

**Conclusion:** Taken together, scopolamine induced a small but inconsistent increase in the number of errors. In contrast, there were significant effects of scopolamine on agitation and milk consumption in both experiments. These non-cognitive effects of scopolamine (which were attenuated by physostigmine) may indirectly lead to an increase in errors.

**Keywords:** Memory, Physostigmine, Radial maze, Rats, Scopolamine

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## Introduction

Many pharmacological studies have examined the effect of cholinomimetic drugs and cholinergic receptor antagonists on learning and memory tasks. The most commonly used model is based on the finding that scopolamine, a muscarinic receptor antagonist, produces amnesia in young healthy subjects similar to that in untreated elderly subjects (1). Cholinesterase (ChE) inhibitors may reverse these deficits. Compounds that reverse these scopolamine-induced deficits in experimental animals may be considered potential drugs to treat cognitive impairment (2).

The cholinergic hypothesis of learning and memory has been the basis for many studies. This hypothesis of cognition became even more popular when some scopolamine-induced deficits were reversed by physostigmine, a cholinergic enhancer; and lesions of central cholinergic pathways induced deficits in animals' performance (3).

Thereafter, according to this hypothesis, either pharmacological blockade (using muscarinic antagonists such as scopolamine or nicotinic antagonists like mecamylamine) or lesioning of the anatomical pathways underlying the cholinergic system (such as nucleus basalis which projects to frontal, lateral, and temporal cortex) were used as models of dementia (4). For example, cognitive impairment induced by scopolamine has been extensively used for searching for cognitive enhancers or for studying the cognitive performance in animals and humans (5).

The ability of scopolamine to induce deficits in learning and memory has also been widely

employed as a model of amnesia in different tasks, including the radial arm maze (6,7). It was vastly used by David Olton and his colleagues (8). They provided extensive information concerning the neurobehavioral processes involved in radial-maze performance. Several other groups have employed a similar training and testing procedure (8,9,10). They also used scopolamine (in doses ranging from 0.25-1.0 mg/kg, depending on the study) to induce memory deficits in rats.

In addition, many researchers have reported that deficits induced by scopolamine could be reversed by a variety of agents (11). These include cholinergic compounds such as physostigmine and non-cholinergic compounds such as NS-3(CG3703), a thyrotropin-releasing hormone analog (7,12). Researchers have reviewed these studies.

Scopolamine initially appeared to impair specifically working memory and induce similar deficits to those of Alzheimer's disease (13,14). The specific effect of scopolamine on working memory, however, became controversial later on (15). In fact, some reports showed that scopolamine impairs attention (16). Although there is little doubt about the involvement of the cholinergic system in learning and memory (Davies 1985), there is no evidence to suggest that it is solely involved in memory (3). There is some evidence indicating that the cholinergic system is involved in cognitive functions other than memory such as attention and non-cognitive (motor/motivational) functions (16,17,18). Therefore, the exact role of the cholinergic system in learning and memory remains unclear. Hence, we can assume the interaction between the non-

cognitive and cognitive effects of scopolamine as a key point in evaluating scopolamine-induced learning and memory impairment.

In this study, we have tried to show that cholinergic system blockade may underlie some non-cognitive behaviors, which could influence its cognitive effects (such as memory impairment). Moreover, we investigated the effects of physostigmine in the alleviation of such effects.

## ***Material and Methods***

### **Subjects**

18 male Long-Evans hooded rats, six months old at the start of experiments (320-380 g), were housed in groups of three per cage under a 12-hour light/dark cycle. To be the same, animals were water-deprived with access to water for only two hours immediately after behavioral testing or training, each day. Food was allowed ad libitum.

### **Apparatus**

The protocol employed in the first series of experiments was according to that of, in which all arms were baited and animals were not confined in the central arena between arm entries (8).

The radial maze, elevated 60 cm above the floor, consisted of a central arena, 48 cm in diameter, surrounded by eight equally spaced radial arms. Each arm was 52 cm long and 10 cm wide and contained a food well at the distal end where rewards (0.1 ml of milk containing 5% sugar) were placed. To prevent the falling of rats from the maze, the edges around each arm and the central arena contained a 3cm lip. The maze was surrounded by a variety of extra-maze cues, consisting of posters, shelves, and chairs. The

animals were observed via a monitor situated in an adjacent room.

### **Training procedure**

In the first few days of training, drops of reward (0.1 ml sweetened milk) were placed at the beginning, middle, and end (food well) of each arm to familiarize the animals with the maze and the reward. On the sixth day, only the food wells of the arms were baited. Animals received one trial per day; they were placed individually on the central platform and allowed to explore for 8 min or until all the arms had been entered. During each trial, choice accuracy was assessed by measuring the number of errors (any re-entries into the arms, up to a total of 16 arm entries). Animals reached an asymptotic performance (< 0.5 error/rat/day) after 15 days (8).

### **Experimental design**

After reaching asymptotic performance (less than 0.5 error/rat/trial), drug treatment commenced (19). Each experiment (N=8) was conducted using a Latin-Square design such that by completion of the experiment, all animals had been tested under each treatment condition. In the following experiments, the effects of different doses of scopolamine HBr (scopolamine) and scopolamine MeBr on the performance of rats (experiments 1, 2), as well as the effects of scopolamine HBr on some non-cognitive behaviors (agitation and lack of consumption of milk reward drops), were studied (experiment 3). A possible reversal of scopolamine-induced deficits by physostigmine was also examined (experiment 4). Animals were tested twice a week and a drug-free training day was allowed between testing days.

## Measurements

In experiments 1 and 2, only the number of errors (re-entries into the arms) was recorded as a measure of working memory (20). In experiments 3 and 4, in addition to the number of errors, the number of left drops and overt behaviors (that will be collectively described as agitation scores) were also recorded. The number of remaining reward drops was simply counted after the completion of the test trial and removal of the animal. An animal was considered to be agitated and scored one if at least 2 out of 3 below symptoms were observed, otherwise, it was scored zero. The three symptoms were hyperreactivity, tremors (which could be felt only by handling), and vocalization in response to handling.

## Drugs

Scopolamine hydrobromide (which acts centrally), scopolamine methylbromide (MeBr, mainly peripherally acting salt), and physostigmine hydrochloride were obtained from Sigma Co. All drugs were administered intraperitoneally in a dose volume of 1 ml/kg. Scopolamine HBr and scopolamine MeBr were administered 20 min before testing, whereas physostigmine was administered 15 min prior to testing. All doses of drugs are expressed as the equivalent of the base (9).

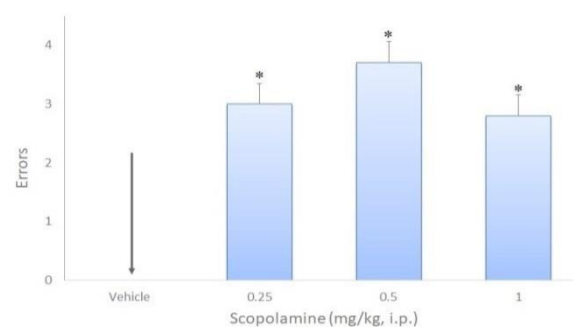
## Statistical analysis

One-way analysis of variance (ANOVA) was used with drug treatment (as the within-subjects variable) followed by paired t-test. Significant differences were indicated at the 5% level and a Bonferroni's correction was applied for all multiple comparisons, when appropriate.

## Results

### Lack of dose-response relationship in scopolamine hydrobromide

In this part of the study, the effect of different doses of scopolamine (0.25, 0.5, and 1.0 mg/kg) on the number of errors (re-entries to the arms) was compared with that of the vehicle (saline). Scopolamine treatment (as the within-subjects factor) revealed a significant effect of the drug treatment ( $P < 0.01$ ). Subsequently paired t-test with Bonferroni's correction indicated that the groups treated with scopolamine (0.25 and 0.5, but not 1.0 mg/kg) made significantly more errors than the vehicle-treated group (**Figure 1**). However, there did not appear a dose-response relationship as all the doses of scopolamine produced a similar number of errors.



**Figure 1.** Effect of scopolamine hydrochloride (scopolamine, 0.25-1.0 mg/kg) on the number of errors in the fully baited radial maze.

In this experiment, the control group made no errors (shown by the arrow). \*Significantly different from the vehicle-treated control group (Normal saline),  $P < 0.05$  (After application of Bonferroni's correction the P value was reset to  $P < 0.05$ ). Data were expressed as means  $\pm$  s.e.ms. In addition, it was noticed that several of the scopolamine-treated animals did not drink some or all of the reward drops despite entering the

baited arms and reaching the end of the arms (60-70% of animals). They were also agitated (65-75%) and a few of them also failed not only to complete the task but also to enter a minimum of 8 arms. These animals were excluded from the analysis of the number of errors (3 out of 18 rats). None of these effects was observed in saline-treated animals.

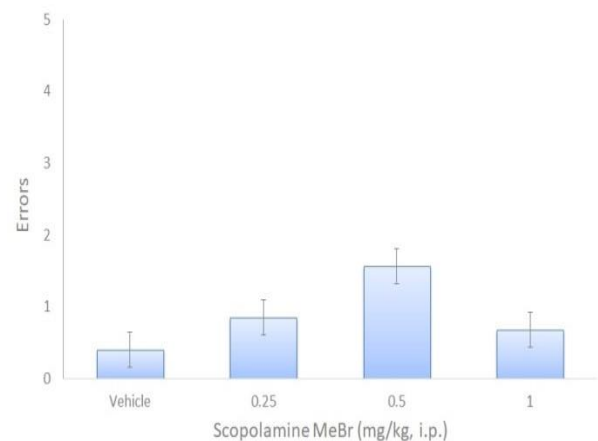
### Lack of dose-response relationship of scopolamine methyl bromide

In this portion of the study, the effect of scopolamine MeBr (0.25, 0.5, and 1.0 mg/kg), which passes through the blood-brain barrier very poorly, on the performance of rats was investigated. None of the doses of scopolamine MeBr had a significant effect on the number of errors (**Figure 2**). One-way analysis of variance (ANOVA) of the number of errors (with drug treatment as the within-subjects factor) revealed no significant effect of the drug treatment ( $P < 0.5$ ).

Scopolamine MeBr, unlike scopolamine HBr, did not appear to induce non-cognitive effects such as agitation and inability to consume the reward drops, suggesting that these effects could be due to the central actions of the drug.

During the dose-response relationship experiment for scopolamine HBr, non-cognitive behavioral effects of scopolamine were noticed in 60-70% of the animals (e.g. agitation and not taking the reward drops). Since the effects of different doses of scopolamine on the number of errors were

similar, the 0.25 mg/kg dose (the lowest dose) of the drug was used for further experimentation. The effects of scopolamine (0.25 mg/kg) on the number of errors, agitation scores, and the number of reward drops left by the animals were examined.



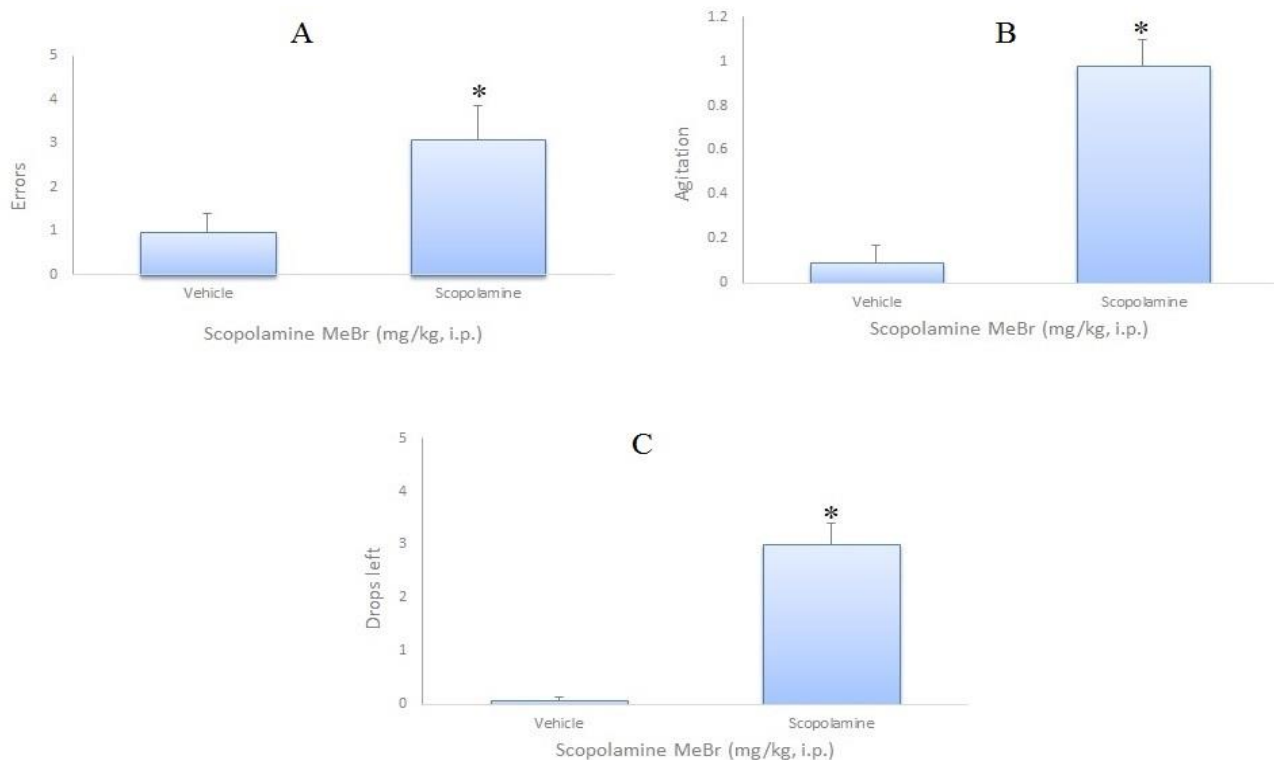
**Figure 2.** Effect of scopolamine methyl bromide (0.25-1.0 mg/kg) on the number of errors in the fully baited radial maze. Data are expressed as mean  $\pm$  s.e.m.s.

### Number of errors

Analysis of the number of errors, using a paired t-test revealed that scopolamine significantly increased the number of errors ( $P = 0.04$ ) comparing to the saline control (**Figure 3**).

### Agitation and reward drop consumption

Analysis of the data, using a paired t-test, revealed that scopolamine also significantly increased agitation scores ( $P = 0.0001$ ) and the number of remaining reward drops left ( $P < 0.001$ ) compared to the saline control (**Figure 3**).



**Figure 3.** Effects of scopolamine (0.25 mg/kg, i.p.) on the number of errors (A), agitation scores (B), and number of drops (C) in the fully baited radial maze. \* Significantly different from the vehicle-treated control group (Normal saline),  $P < 0.05$ . Data are expressed as means  $\pm$  s.e.ms

### Investigation of the ability of physostigmine to reverse the effects of scopolamine

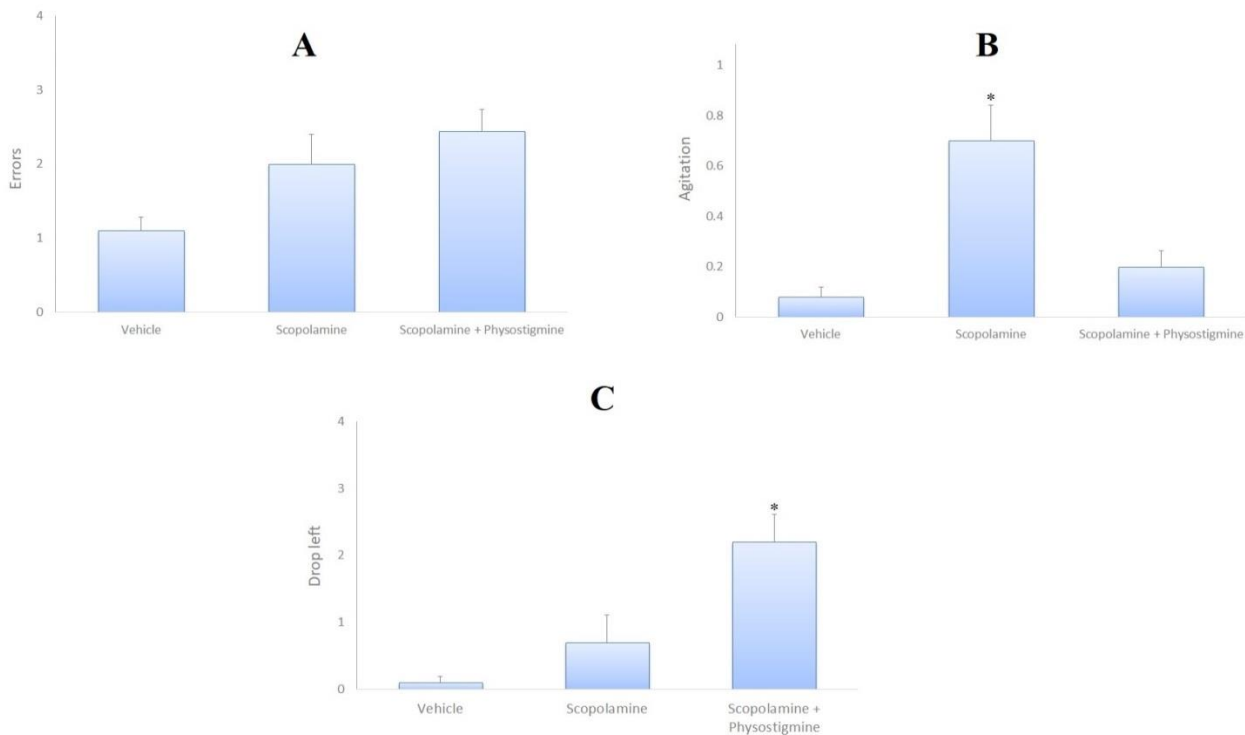
In this experiment, the ability of physostigmine (0.25 mg/kg), an anticholinesterase agent, to reverse scopolamine effects was investigated. Rats were treated with saline, scopolamine, or scopolamine plus physostigmine. The effects of physostigmine administered alone could not be tested, because of the presence of severe side effects occurring in the absence of scopolamine.

#### Number of errors

There was no significant difference between the number of errors made by the different treatment groups ( $P < 0.5$ ) (**Figure 4**).

### Agitation and reward drop consumption

Scopolamine significantly increased the agitation scores and decreased the consumption of the reward drops. One-way analysis of variance revealed a significant treatment effect on agitation scores ( $P < 0.001$ ) and the number of the remained drops ( $P < 0.01$ ). Subsequent paired t-tests and application of Bonferroni's correction indicated that scopolamine significantly increased the agitation scores and the number of drops left relative to saline control. Physostigmine, when administered in combination with scopolamine, significantly decreased the agitation scores and tended to increase the number of reward drops left relative to scopolamine alone (**Figure 4**).



**Figure 4.** Effects of scopolamine (0.25 mg/kg, i.p.) and combination of scopolamine (0.25 mg/kg, i.p.) with physostigmine (0.25 mg/kg, i.p.) on the number of errors (A), agitation scores (B) and the number of drops (C) in the fully baited radial maze. \* Significantly different from vehicle-treated control group (Normal saline) and + significantly different from scopolamine treated group,  $P < 0.05$ . Data are expressed as means  $\pm$  s.e.m.s.

## Discussion

### Effect on the number of errors: the performance disruptive effects of scopolamine

Different doses of scopolamine (0.25, 0.5, and 1.0 mg/kg) had similar effects on the number of errors (re-entries into the arms). The disruptive effect of scopolamine appeared to be more pronounced the first few times of exposure to scopolamine. But it seemed to be less effective as the animals were more frequently exposed to the drug under similar circumstances. This raised the possibility of behavioral tolerance to the performance disruptive effect of scopolamine (such as adopting a response strategy) and/or pharmacological tolerance. Researchers showed that an

uninterrupted radial maze is relatively resistant to pharmacological disruption. These could mainly be due to the resistance of the animals to the effect of the drug by using non-spatial strategies (21). In fact, most of the rats (80-90%) were moving around the maze, clockwise or anti-clockwise, and entering the arms one by one until all baited arms were entered and the task was completed. This sort of response strategy in the radial maze has been called 'running around in a circle' (22). Hence, the animals did not need to use the working memory to remember which arms had been entered and which remained to be entered. The only thing they had to remember was the direction, which was almost always the same for each rat. Most of the errors were made by a few of the animals (10-15%) that missed one arm

whilst exploring the maze and moving in one direction, clockwise or anti-clockwise, and making errors (re-entries into the arms) until they reached the missing arm. In other words, a small number of animals made a large number of errors. It seems that they might have learned to cope with the effect of the drug. However, scientists stated that scopolamine-induced deficits were not correlated with the percentage of spatial strategies (23). They also pronounced that, under scopolamine treatment, the performance of rats showing preferences for spatial strategies did not differ significantly from those of rats showing preferences for orientation strategies (24). By looking at the weight of the existing literature, we can assign a deficit to their experiments.

Thus, the ability of rats to adopt response strategies may influence the sensitivity of rats to scopolamine in radial maze performance (25). There is evidence that rats solve their maze problems by choosing either the adjacent or adjacent-but-one arm in a particular direction (26,27) Scientists showed that animals using non-spatial strategies are relatively resistant to the disruptive effects of scopolamine, compared to those using spatial discrimination involving a complex of intra- and extra-maze cues (27). Therefore, it may be essential to confine the rats in the central platform between arm entries to stop them from using a response strategy (28). Investigators used a modified task to reduce the tendency to use non-spatial strategies (7). They concluded that the modified task, which they used in the radial arm maze, is sensitive to the disruptive effects of scopolamine and can identify the cognitive enhancing effects of drugs. These

findings show that an uninterrupted radial maze testing procedure is not highly sensitive to pharmacological treatment (29). Furthermore, we can suppose that the abilities of rats to resist muscarinic blockade depend on the strategy they use in the maze and (also) the task design of the maze.

Taken together, the cognitive impairing effect of the drug (increasing the number of errors) was small and inconsistent throughout our experiments. However, this performance disruptive effect was not seen with either of the doses of scopolamine MeBr (0.25, 0.5, and 1.0 mg/kg) suggesting that this effect is mainly due to the central action of the scopolamine. This is in parallel with the observed effects of scopolamine on cognitive tasks such as memory in other studies carried out by some investigators. They also found that scopolamine HBr affects memory more than scopolamine MeBr (24,30,31). Investigators also used methylscopolamine in the radial arm maze and found that it did not affect correct responses (23,32,33). In another research, investigators elucidated that lower doses of methylscopolamine (0.2 mg/kg) had no effect on memory in radial arm maze and they stated that higher doses (0.63 mg/kg) did cause serious peripheral effects which eventually prevented some animals from completing the task (34). Hence, again we suppose that such scopolamine-induced effects are mediated centrally.

### **Non-cognitive effects of scopolamine**

In our study, non-cognitive effects (agitation and not consuming the reward drops) of scopolamine were also observed. For example, scopolamine-treated animals were agitated and it was a



consistent effect of the drug, although it was not observed in all animals. Missing the reward drops was another consistent effect of scopolamine. These non-cognitive effects also appeared to be a result of the central actions of scopolamine, as these effects were not observed with scopolamine MeBr.

It is difficult to separate reliably the scopolamine effects on learning and memory processes from its effects on other behavioral domains. For example, methylscopolamine (which does not cross the blood-brain barrier) is as active as scopolamine in several models of cognitive function, indicating that peripheral changes induced by these compounds indirectly influence performance in cognitive tasks (35,36). It is, therefore, very important to distinguish the central versus peripheral effects of anticholinergic agents. Scopolamine-induced impairment of performance may also be mediated by direct effects on sensorimotor function or motivation deficits (36,37). Further, likely, the scopolamine-induced impairment in the performance of both experimental animals and humans in the delayed matching to position task (a commonly used test of cognitive function) is secondary to attentional deficits that are induced by the drug (38,39).

The non-cognitive effects of scopolamine have often been reported, but their possible contribution to the disruptive effect of the drug on cognition has often been ignored. Thus, described similar non-cognitive effects of scopolamine to those observed in the present study (40). Klinkenberg and Blokland found that rats treated with scopolamine were 'hyperactive, sensitive to touch, had greater muscle tension, and vocalized

more frequently than control animals when placed in the operant chambers or handled during injections'. In addition, also reported that scopolamine-treated mice were difficult to capture, vocalized when handled, and showed a high level of escape-like behavior when initially placed in the maze (41). Furthermore, reported that some of the rats treated with scopolamine (0.5-1.0 mg/kg) were either excluded from the experiments or submitted to supplementary sessions due to a lack of exploration (26). Kay and co-workers also noticed on average that scopolamine-treated rats reacted (screaming) more to handling than the rats from the other groups. Scientists also reported that 6 out of 15 rats treated with scopolamine (0.5 mg/kg) failed to complete the task (34). Moreover, stated that behavior on the radial arm maze is often expressed using unrepeated arm entries as the sole measure of maze performance, which can be misleading since the use of a single behavioral measure can obscure other treatment effects (42). They finally concluded that 'the observed scopolamine-induced performance deficits on the radial maze may result partly from a reduction in locomotion and exploratory behavior, possibly due to non-specific sedative and/or anxiogenic effects of scopolamine, rather than being solely the consequence of learning impairment'.

The existence of non-cognitive effects of scopolamine in animals, similar to those (hyperactivity and agitation) in humans, is suggested by observing symptoms like hyperactivity and vocalization in response to handling in animals treated with scopolamine (43,44,45). Interestingly, the severe side effects of

scopolamine (~ 0.01 mg/kg), which were observed in human subjects, were alleviated by the administration of physostigmine (46). Therefore, as far as such non-cognitive effects of scopolamine are observed in both humans and animals, it may be difficult to justify the use of scopolamine-induced performance impairments as a model of amnesia. However, there is an enormous number of reports in which scopolamine has been used as a model of amnesia (14,18).

This raises the possibility of a lack of dissociation between the cognitive and non-cognitive effects of the drug. Furthermore, whether the cognitive effect of scopolamine is a secondary effect to the non-cognitive primary effects, or, whether it is a primary effect of the drug per se is not clear.

#### **Alleviation of scopolamine-induced effects by physostigmine**

The cholinergic hypothesis predicts that drugs potentiating central cholinergic function should improve cognition and perhaps some of the behavioral problems experienced with Alzheimer's disease (2). But, we found that physostigmine plus scopolamine had no significant effect on the number of errors. Also, in our study, physostigmine (when administered in combination with scopolamine) significantly reduced the agitation scores and tended to reduce the number of reward drops left relative to scopolamine alone.

The possible effects of anticholinesterases on the central nervous system and, in particular, on learning and memory, have generated considerable interest (47). In this way, many investigators used physostigmine or its derivatives

and also other kinds of cholinesterase inhibitors. Most of them stated that physostigmine and other cholinesterase inhibitors dose-dependently reverse the cognitive impairment induced by scopolamine. Among these multiple studies, some reported a nonlinear effect of physostigmine in the alleviation of such cognitive effects; however, the doses they used are highly different from each other (the doses used in one were 10 times and more of the doses used in the other study) (48,49). Most studies of cholinergic agents have assessed cognitive responses rather than the neuropsychiatric impact of these agents, but a few observations relating cholinomimetic treatment to changes in behavior have been made. Physostigmine has been extensively studied as a potential therapeutic agent in AD, but limited information is available on its behavioral effects (50,51).

Besides this, some researchers pointed to the effects of physostigmine upon non-cognitive aspects induced by scopolamine. Non-cognitive behavioral changes such as depression, aggressive behavior, psychosis, and overactivity occur frequently in patients with dementia (in addition to cognitive impairment). Clinical trial data indicate that cholinomimetics improve non-cognitive behavior (52). Also, there is evidence that novel ChE inhibitors like metrifonate produce significant improvements in the 3 domains (cognition, behavior, and function) of Alzheimer's disease (53). The neuropsychological impairments of AD are attributed, at least partially, to the cholinergic disturbance, and current approaches to the treatment of the cognitive abnormalities attempt to enhance cholinergic function.

Behavioral changes are common in AD and include psychosis, agitation, depression, anxiety, personality alterations, and neurovegetative changes. The contribution of cholinergic deficiency to behavioral alterations has been little explored, but neurochemical, neuroanatomic, pharmacologic, and clinical observations suggest that cholinergic deficiency contributes importantly to the neuropsychiatric dimension of AD (50).

According to what has been described, we can suppose that both the ‘cognitive impairing’ effect of scopolamine and the non-cognitive effects of scopolamine (the present study) could become attenuated by physostigmine and this could raise again the possibility of “lack of dissociation between cognitive and non-cognitive effects of scopolamine” (7). Finally, evidence is emerging from clinical trials of cholinomimetic drugs that such drugs may improve the abnormal non-cognitive, behavioral symptoms of Alzheimer's disease. Thus, ChE inhibitors have been reported to significantly improve many manifestations of behavioral disturbance including agitation, apathy, hallucinations, and aberrant motor behavior (54,55). This contention is supported by the serendipitous actions of cholinesterase inhibitors in alleviating non-cognitive behavioral symptoms in patients with AD (2,56).

### **Conclusion**

In summary, the lack of consistent ‘cognitive’ effects of scopolamine (observed in the fully baited radial arm maze) was likely to be due to several factors including response strategy usage by rats. Our data emphasize the importance of cholinergic mechanisms in behavior, the role of

the cholinergic deficit in the behavioral changes of the scopolamine model of AD, and the potential behavioral benefit of cholinergic therapy in this experimental model of AD. Clearly, non-cognitive behavioral effects of scopolamine (at doses similar to those, which are used for induction of cognitive impairments) undermine a specific effect on learning and memory. In other words, scopolamine appears to have a general effect on behavioral performance rather than on learning and memory. The contribution of the cholinergic deficiency of AD to the repertoire of behavioral changes characteristic of the disease has been underestimated and warrants further investigation.

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**Authors' contribution:** MMAB contributed to the conception, formal analysis, methodology, project administration, validation, visualization, and writing – review & editing. GhP contributed to data curation, funding acquisition, investigation, supervision and organized the database, and wrote the original draft of the manuscript.

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