# **Estimation of Femur Length From Its Fragments in an Iranian Population**

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Received: 04 Aug. 2021; Accepted: 14 Feb. 2022

**Abstract**- Stature is one of the important variables to identify an individual, and the previous reports show that intact femur has the highest correlation with stature. But the femur is usually damaged in forensic cases. Hence in the present study, the femur length is estimated from proximal and distal femoral fragments in the Iranian population. Sixty-four dry femora (32 from each side) without sex determination were studied. The variables were measured by using the osteometric board and digital vernier caliper. The bones with visible abnormalities were excluded from the study. The measured values were analyzed by SPSS 25 software. The linear regression is used for estimating maximum femur length from the other measurements of femoral fragments. The result of this study showed that the value of segmental measurements was different between the right and left sides, but it was not statistically significant. All segmental measurements were positively correlated and found to have a linear relationship with the maximum femoral length (P<0.05) except for femoral neck circumference, which was not significantly different. The regression equation suggested that the intertrochanteric crest length is the best estimator of maximum femur length. The data of this study showed that the femoral length could be estimated from proximal and distal femoral fragments with the help of a regression equation. Then femoral length can be used to estimate the stature. The result of this study can be used in the analysis of forensic bone remains.

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Keywords: Maximum femur length; Femoral fragments; Intertrochanteric crest length; Regression equation

## Introduction

In humans, stature is one of the important parameters. It could be estimated with long bones (1). The stature reconstruction from long bones is important in forensic identification anatomic and archaeological cases. It is also important in rebuilding lost parts in plastic surgery and in making bone prostheses (2).

On the other hand, the long bones are often damaged or fractured in forensic cases by motor vehicle accidents, natural disasters, and injuries. This makes it difficult to estimate the stature. In such cases, the ratio between a fragment of a long bone and the length of that bone can be beneficial for estimating the height of the individual (3).

The previous studies revealed that portions of a long bone could determine the total length of that bone (3,4). But the estimation of height from a limb bone fragment is difficult (5,6). Generally, Skeletal development is affected by environmental factors such as nutrition, physical development, and genetic factors. Also, factors such as age, sex, race can cause a variation in the length of bones and stature in different populations (7-10). Thus it seems essential to carry out specific studies to estimate the stature and length of long bones from their fragments on different populations (11).

Based on studies, the femur is one of the bones which has the highest correlation with stature and is more accurate for estimating height compared to the other long bones (3). Because of that, in this study, the femur length was determined in relation to the proximal and distal fragments of the femur among the Iranian population, and the regression equations were calculated for the estimation of femur length from the fragments. Therefore, in the partial presence of the femur length, it is possible to determine it through these equations, and

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### Femur length estimation from its fragments

consequently, the stature can be estimated.

### **Materials and Methods**

In this study the data was obtained from direct measurement of dry bones. A total of 64 femora (32 right sided and 32 left sided) without sex distinctions from human Iranian cadavers were measured for the study. These bones were collected in the Department of Anatomical Sciences, Arak University Medical Sciences, Arak, Iran.

We excluded the bones with visible abnormalities and pathologies such as tumors, deformities, fractures and trauma. In present study, maximum length of femur along with five segmental measurements, three proximal and two distal measurements, were taken by using anthropometric instruments such as osteometric board and digital vernier caliper with precision of 0.01 mm.

The parameters were measured according to the standard procedure suggested by Trotter M and Glesser GC, including: (12)

1. Maximum Femoral Length (MFL): Distance from

most proximal point of head of the femur to the most distal point of medial condyle (Figure 1)

- 2. Femoral Neck Length (FNL): The distance between the base of the head and the intertrochanteric line at the junction of the back of the neck with the shaft (Figure 2, A)
- 3. Femoral Neck Circumference (FNC): Circumference of the neck at the middle of femoral neck length (FNL) (Figure 2, B)
- 4. Intertrochanteric Crest Length (ICL): The most proximal point of the greater trochanter to the lowest point of the lesser trochanter (Figure 2, C)
- 5. Medial Condyle Length (MCL): The linear distance between the most anterior and the most posterior points on the medial condyle (Figure 3, A)
- 6. Lateral Condyle Length (LCL): The linear distance on the lateral condyle measured in an anteroposterior direction (Figure 3, B)

We considered the correlation coefficient between 0.00 and 0.30 as weak, between 0.30 and 0.70 as moderate, and above+0.70 as high (2).



Figure 1. Measurement of maximum femoral length (MFL)

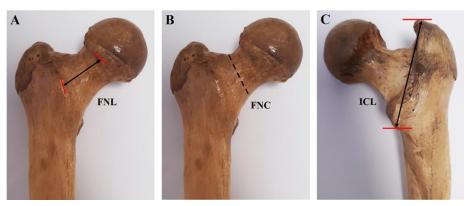


Figure 2. Measurement of (A) Femoral neck length (FNL), (B) Femoral neck circumference (FNC), and (C) Intertrochanteric crest length (ICL)

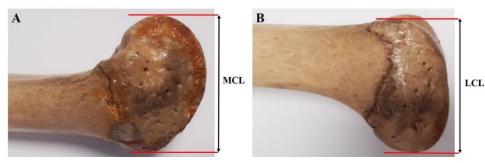


Figure 3. Measurement of (A) Medial condyle length (MCL) and (B) Lateral condyle length (MCL)

#### Statistical analysis

The data were analyzed by SPSS 25 software. The normality of data was tested by Kolmogorov-Smirnov test (K-S test). Independent-Samples T-Test was used to compare the value of segmental measurements between femurs of right and left sides. Results were expressed as mean $\pm$ standard deviation (SD). *P*<0.05 was taken as statistically significant between the two groups.

Then, the relationship between quantitative data was assessed by Bivariate correlation (Pearson's correlation coefficient), and the linear regression equations were used to estimate the maximum femoral length (as dependent variable) from other measurements of the femoral fragments (as the independent variables).

### Results

The present study was done among the 64 dry femora (32 right-sided and 32 left-sided) present in the Department of Anatomical Sciences, Arak University Medical Sciences, Arak, Iran. Results were analyzed by calculating the statistics of individual variables in total samples and between the right and left sides.

The mean of maximum femoral length (MFL) and other fragments in total samples and in the right and the left side is shown in Tables 1 and 2. There was no statistically significant difference between the right and left sides in all the parameters (Table 2).

| -    |       |                            |               |           | ~       | _ |
|------|-------|----------------------------|---------------|-----------|---------|---|
|      |       | other parameters for total | l subjects (N | =64)      |         |   |
| Tabl | le 1. | Comparison of mean of mai  | ximum femo    | oral leng | gth and |   |

| Parameters                     | N  | Mean ± SD         |
|--------------------------------|----|-------------------|
| Maximum Femoral Length         | 64 | 42.675±2.857      |
| Intertrochanteric Crest Length | 64 | 7.328±0.637       |
| Femoral Neck Length            | 64 | 4.450±0.543       |
| Femoral Neck Circumference     | 64 | 10.292±0.942      |
| Medial Condyle Length          | 64 | 3.658±0.359       |
| Lateral Condyle Length         | 64 | $3.523 \pm 0.280$ |

Table 2. Comparison of mean of maximum femoral length and other parameters between right and left side (N-32)

|                              |  | (11 - 52)  |  |   |   |
|------------------------------|--|--|--|---|---|
| N<br>Right Left<br>side side |  | Mean   | n±SD   |   | Significance  |
|                              |  | Right side   | Left side  | Р   |   |
| 32                           | 32   | 43.018±2.668   | 42.331±3.038   | 0.340   | NS  |
| 32                           | 32   | $7.359 \pm 0.604$  | 7.296±0.677  | 0.698   | NS  |
| 32                           | 32   | 4.435±0.536  | $4.464 \pm 0.558$  | 0.838   | NS  |
| 32                           | 32   | $10.434 \pm 0.891$   | 10.150±0.983   | 0.230   | NS  |
| 32                           | 32   | 3.667±0.328  | 3.650±0.392  | 0.850   | NS  |
| 32                           | 32   | 3.556±0.240  | 3.490±0.316  | 0.354   | NS  |
|                              | Right           side           32           32           32           32           32           32           32           32           32           32           32           32 | Right<br>side         Left<br>side           32         32           32         32           32         32           32         32           32         32           32         32           32         32           32         32           32         32           32         32 | N         Mean           Right<br>side         Left<br>side         Right side           32         32         43.018±2.668           32         32         7.359±0.604           32         32         4.435±0.536           32         32         10.434±0.891           32         32         3.667±0.328 | N         Mean±SD           Right<br>side         Left<br>side         Right side         Left side           32         32         43.018±2.668         42.331±3.038           32         32         7.359±0.604         7.296±0.677           32         32         4.435±0.536         4.464±0.558           32         32         10.434±0.891         10.150±0.983           32         32         3.667±0.328         3.650±0.392 | Right<br>side         Left<br>side         Right side         Left side         P           32         32         43.018±2.668         42.331±3.038         0.340           32         32         7.359±0.604         7.296±0.677         0.698           32         32         4.435±0.536         4.464±0.558         0.838           32         32         10.434±0.891         10.150±0.983         0.230           32         32         3.667±0.328         3.650±0.392         0.850 |

NS: Not Significant

According to the results, there was a correlation between the maximum femoral length and the various segmental measurements that were statistically significant (P<0.05) except for femoral neck circumference (Table 3).

Among all the fragments, the intertrochanteric crest

length displayed the highest correlation with the MFL (r=0.620, P=0.000, and Table 3). The medial condyle length (r=0.304, P=0.015) and the lateral condyle length (r=0.309, P=0.013) showed moderate correlation with the MFL (Table 3). Also, there was a weak correlation between the femoral neck length with the MFL (r=0.237, P=0.059, and Table 3).

Based on the results, there is a moderate correlation

between intertrochanteric crest length and maximum femoral length on the right side (r=0.584, P=0.000 and Table 3). In the left side, there is significant positive correlation between ICL (r=0.647, P=0.000), FNC (r=0.395, P=0.025) and LCL (r=0.415, P=0.018) with MFL (Table 3). The intertrochanteric crest length displayed the highest correlation with maximum femoral length on the left side.

| Variables                     | Tota                          |             | Right                   | Left<br>(32) |                            |             |
|-------------------------------|-------------------------------|-------------|-------------------------|--------------|----------------------------|-------------|
|                               | (64                           | )           | (32)                    |              |                            |             |
|                               | Pearson<br>correlation<br>(r) | Р           | Pearson correlation (r) | Р            | Pearson<br>correlation (r) | Р           |
| Maximum Femoral Length        | 1                             | -           | 1                       | -            | 1                          | -           |
| Intertrochanteric Crest       | 0.620                         | 0.000       | 0.584                   | 0.000        | 0.647                      | 0.000       |
| Length                        |                               |             |                         |              |                            |             |
| Femoral Neck Length           | 0.237                         | 0.059       | 0.216                   | 0.236<br>NS  | 0.265                      | 0.142<br>NS |
| Femoral Neck<br>Circumference | 0.219                         | 0.083<br>NS | -0.035                  | 0.848<br>NS  | 0.395                      | 0.025       |
| Medial Condyle Length         | 0.304                         | 0.015       | 0.257                   | 0.155<br>NS  | 0.336                      | 0.060<br>NS |
| Lateral Condyle Length        | 0.309                         | 0.013       | 0.127                   | 0.487<br>NS  | 0.415                      | 0.018       |

NS: Not Significant

Linear regression equations were used for the estimation of maximum femoral length (dependent variable) from each segmental measurement (independent variables). Accordingly, the regression equations derived from intertrochanteric crest length, femoral neck length, medial condyle length, lateral condyle length for estimating the MFL were statistically significant (Table 4). The regression equation from intertrochanteric crest length displayed a higher correlation coefficient (P=0.000, Table 4). Equations

were derived from both right and left-sided femora individually to estimate MFL through intertrochanteric crest length was statistically significant (P=0.000, Table 5). Also, on the left side, the regression equations of femoral neck circumference (P=0.025) and lateral condyle length (P=0.018) were significant (Table 5). The correlation between maximum femoral length with other parameters is shown in Scatter graphs in all samples (Figure 4).

 Table 4. Linear regression analysis for the studied population with maximum femoral length as the dependent variable and other parameters as independent variables in total samples (N=64)

| Variables                         | R     | <b>R</b> <sup>2</sup> | Adjusted R <sup>2</sup> | SE    | В               | Р        | <b>Regression equations</b> |  |  |
|-----------------------------------|-------|-----------------------|-------------------------|-------|-----------------|----------|-----------------------------|--|--|
| Intertrochanteric Crest<br>Length | 0.620 | 0.385                 | 0.375                   | 0.446 | 22.310<br>2.779 | 0.000    | MFL=22.310+2.779(ICL)       |  |  |
| Femoral Neck Length               | 0.237 | 0.056                 | 0.041                   | 0.648 | 37.123<br>1.248 | 0.059    | MLF=37.123+1.248(FNL)       |  |  |
| Femoral Neck<br>Circumference     | 0.219 | 0.048                 | 0.032                   | 0.376 | 35.852<br>0.663 | 0.083 NS | MLF=35.852+0.663(FNC)       |  |  |
| Medial Condyle Length             | 0.304 | 0.092                 | 0.077                   | 0.963 | 33.839<br>2.415 | 0.015    | MLF=33.839+2.415(MCL)       |  |  |
| Lateral Condyle Length            | 0.309 | 0.096                 | 0.081                   | 1.229 | 31.589<br>3.146 | 0.013    | MLF=31.589+3.146(LCL)       |  |  |

R: Pearson's correlation, R<sup>2</sup>: Coefficient of Determination, SEE: Standard Error of the Estimate, B: Unstandardized Coefficients, NS: Not Significant, MLF: Maximum Femoral Length, ICL: Intertrochanteric Crest Length, FNL: Femoral Neck Length, FNC: Femoral Neck Circumference, MCL: Medial Condyle Length, LCL: Lateral Condyle Length

| Table 5. Linear regression analysis for the studied population with maximum femoral length as the dependent variable and |
|--|
| other parameters as independent variables in the right and left side, separately $(N=32)$                                |

| other parameters as independent variables in the right and left side, separatery (N=52) |       |       |                       |                         |       |                  |             |                        |  |
|---|-------|-------|-----------------------|-------------------------|-------|------------------|-------------|------------------------|--|
| Variables   | Side  | R     | <b>R</b> <sup>2</sup> | Adjusted R <sup>2</sup> | SE    | В                | Р           | Regression equations   |  |
| Intertrochanteric Crest   | Right | 0.584 | 0.341                 | 0.319                   | 0.654 | 24.055<br>2.577  | 0.000       | MFL=24.055+2.577(ICL)  |  |
| Length  | Left  | 0.647 | 0.419                 | 0.400                   | 0.624 | 21.141<br>2.904  | 0.000       | MFL=21.141+2.904(ICL)  |  |
| Femoral Neck Length   | Right | 0.216 | 0.047                 | 0.015                   | 0.886 | 38.261<br>1.072  | 0.236<br>NS | MLF=38.261+1.072(FNL)  |  |
| i eniorui ricen Dengu   | Left  | 0.265 | 0.070                 | 0.039                   | 0.957 | 35.890<br>1.443  | 0.142<br>NS | MLF=35.890+1.443(FNL)  |  |
| Femoral Neck  | Right | 0.035 | 0.001                 | -0.032                  | 0.546 | 44.120<br>-0.105 | 0.848<br>NS | MLF=44.120-0.105(FNC)  |  |
| Circumference   | Left  | 0.395 | 0.156                 | 0.128                   | 0.518 | 29.962<br>1.219  | 0.025       | MLF=29.962+1.219(FNC)  |  |
| Medial Condyle Length   | Right | 0.257 | 0.066                 | 0.035                   | 1.432 | 35.352<br>2.091  | 0.155<br>NS | MLF=35.352+2.091(MCL)  |  |
|   | Left  | 0.336 | 0.113                 | 0.084                   | 1.331 | 32.822<br>2.605  | 0.060<br>NS | MLF=32.822+2.605(MCL)  |  |
| Lateral Condyle Length  | Right | 0.127 | 0.016                 | -0.017                  | 2.009 | 37.990<br>1.414  | 0.487<br>NS | MLF=37.990+1.414(LCL)  |  |
|   | Left  | 0.415 | 0.172                 | 0.145                   | 1.594 | 28.424<br>3.984  | 0.018       | MLF=28.424+3.984 (LCL) |  |

R: Pearson's correlation, R<sup>2</sup>: Coefficient of Determination, SEE: Standard Error of the Estimate, B: Unstandardized Coefficients, NS: Not Significant, MLF: Maximum Femoral Length, ICL: Intertrochanteric Crest Length, FNL: Femoral Neck Length, FNC: Femoral Neck Circumference, MCL: Medial Condyle Length, LCL: Lateral Condyle Length

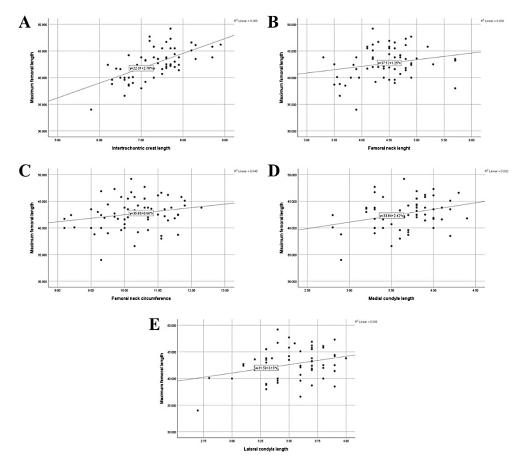


Figure 4. Correlation between maximum femoral length (cm) with (A) intertrochanteric crest length (cm), (B) femoral neck length (cm), (C) femoral neck circumference (cm), (D) medial condyle length (cm) and (E) lateral condyle length (cm)

### Discussion

The present study was carried out among 64 dry femora (32 from each side). The maximum femoral length with three proximal and two distal fragments was measured.

The result of this study shows that the value of intertrochanteric crest length (ICL) in all samples was  $7.328\pm0.637$  cm which was higher than the study done among the Nepali population ( $5.04\pm0.71$ ) and the Indian population ( $6.31\pm0.47$ ) (13,14). ICL displayed the highest correlation with the MFL with a correlation coefficient of 0.620, which was more than that of Nepali (r= 0.275) and Indian populations (r=0.58) (13,14). Geographic, diet, and racial diversity might be the reason for different skeletal development (13).

Moreover, in our study, the proximal femoral fragment ICL had a high correlation with MFL in each of the right and left sides. Hence, the regression formula using the ICL measurement is proved to be more beneficial for estimating the maximum femoral length in the Iranian population.

According to the results, the mean femoral neck length (FNL) was  $4.450\pm0.543$  cm which was higher than the Nepali population (3.78±0.53), Chilean population (3.59±0.43 cm), and Tamil Nadu in Southern India (2.84±0.45 cm) (13,15,16). The correlation of FNL with MFL was 0.237, which was similar to the population of Nepali (r=0.290) and lower than Tamil Nadu in Southern India (r=0.474) (13,16).

A long femoral neck in the proximal part of femur increases the possibility of fracture (17).

In our study, FNL segment is the weakest predictor, consistent with Osorio's study and contrary to Prasad's study (13,16).

The femoral neck circumference (FNC) was also  $10.292\pm0.942$  cm in the present report, which is more than that of the Nepali population (9.37±0.75) and Chilean population (9.7±0.89) (13,15). While there is a significant correlation between FNC and MFL (r=0.427, P=0.001) in Nepali population, such a correlation was not found in our study (r=0.219, P=0.083) (13). Except for the left side, in which the proximal femoral fragment FNC had a moderate correlation to MFL (r=0.395, P=0.025).

Different shapes of femur following racial diversity is a determining factor for hip fracture in various populations (18).

The mean of medial condyle length (MCL) and lateral condyle length (LCL) were 3.658±0.359 cm and

 $3.523\pm0.280$  cm, respectively, for the present study. They were lower than the findings of the study among the population of Nepali that MCL and LCL were  $5.74\pm0.41$ cm and  $5.60\pm0.49$  cm, respectively, Greek population that MCL was  $5.87\pm0.41$  cm and LCL was  $5.85\pm0.40$  cm, South African population that MCL and LCL were  $6.12\pm0.36$  cm and  $6.22\pm0.39$ , respectively and Indian population (MCL= $6.3\pm0.5$  and LCL= $6.2\pm0.5$ ) (13,19-21).

In the present study, the mean of MCL was slightly higher than that of LCL, which was similar to the findings shown by Khanal *et al.*, (in Nepali population), Terzidis *et al.*, (in Greek population), and M. Chandran *et al.*, (in Indian population) (13,19,21).

The correlation coefficient of MCL in present study was 0.304 which was less than that of Nepali (r=0.462), South African (r=0.71 for male and r=0.62 for female) and Indian population (r=0.81) (13,20,21). Also, the correlation of LCL with MFL was 0.309 which was more than that of Nepali (r=0.277) and less than South African (r=0.63 for male and r=0.71 for female) and Indian population (r=0.79) (13,20,21).

To design knee prostheses, the length of medial and lateral condyles are involved as key parameters (19).

Considering the result of this study, which showed no significant difference between the femoral measurements in the right and left sides, the femur fragments could be a surgical template for the opposite side.

The result of the current study revealed that the intertrochanteric crest length displayed the best correlation with MFL. The regression formula, using intertrochanteric crest length measurement, will prove to be more suitable compared with other fragments to estimate MFL in all samples and both sides individually among the Iranian population.

The current study showed that FNL has a poor correlation with the maximum femoral length, indicating the lower predictive efficiency of this variable, contrary to the Prasad *et al.*, study (16). Also, there was no significant correlation between FNC and MFL in all samples. But FNC had a significant correlation with MFL in the left side, contrary to the Khanal *et al.*, study (13).

The current study displayed those proximal and distal femoral fragments have correlations with the maximum femoral length. In the absence of intact long bones, regression equations derived from the present study can suggest a sensible estimate of femur length. Thus, the stature of the individual adults can be calculated from the length of the femur. The highest degree of correlation was found for ICL measurement with the MFL. Therefore, ICL is very effective in measuring the length of the femur. However, further studies in different races and in larger samples are required in order to get more accurate estimates in various populations, especially because nutrition, genetic variation, and hormones can have a serious effect on skeletal development.

## Acknowledgments

We would like to thank Department of Anatomy, Faculty of Medicine, Arak University of Medical Sciences, Arak, Iran.

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